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Dr. Yalom draws on his 45 years of clinical practice and comes up with a collection of his most passionate categories of interest. In this book he attempts to gift to the new generation of therapists his pearls of wisdom from those years by selecting 85 categories of subjects that come up in a therapy practice and elaborating on his successful interventions in these areas.

The Gift Of Therapy - Primary Goals

The Gift Of Therapy: An open letter to a new generation of therapists and their patients: Reflections on Being a Therapist

Amazon.co.uk: the gift of therapy: Books

The gift of therapy: An open letter to a new generation of therapists and their patients. This summation of Yalom's life thinking on the art of psychotherapy, presented in the form of 85 tips, is filled with personal techniques and clinical anecdotes. Yalom, who has 45 yrs of clinical experience, addresses the nature of the therapist-patient relationship, explores the ultimate concerns of death, the meaning of life, and freedom (encompassing responsibility and decisions), and issues that ...

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The Gift of Therapy: An Open Letter to a New Generation of Therapists and Their Patients (Covers may vary) Paperback - August 19, 2017. by Irvin Yalom (Author) 4.8 out of 5 stars 839 ratings. #1 Best Seller in Popular Psychology Research. See all formats and editions.

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Summary. Anyone interested in psychotherapy or personal growth will rejoice at the publication of The Gift of Therapy, a masterwork from one of the most accomplished psychological thinkers of our day. As an award-winning author of both nonfiction and fiction and a psychiatrist in practice for 35 years, Yalom imparts his unique wisdom in this remarkable guidebook for successful therapy.

Gift of Therapy - Irvin D. Yalom, MD

The Gift of Therapy has 85 short chapters, each offering a suggestion or tip for therapy. The first three chapters are reproduced here. Remove the Obstacles to Growth When I was finding my way as a young psychotherapy student, the most useful book I read was Karen Horney's Neurosis and Human Growth.

Irvin Yalom Gift of Therapy Excerpt - Psychotherapy.net

The Gift of Therapy is primarily a book targeting therapists: especially those who already know something about Yalom and existential therapy and are familiar with the theoretical aspects of the practice.

The Gift of Therapy PDF Summary - Irvin D. Yalom | 12min Blog

The culmination of master psychiatrist Dr. Irvin D. Yalom's more than thirty-five years in clinical practice, The Gift of Therapy is a remarkable and essential guidebook that illustrates through real case studies how patients and therapists alike can get the most out of therapy.

The Gift of Therapy : Irvin Yalom : 9780061719615

The Gift: It is a space for the ones that need to be listened to and cared for. We seek to give new airs and encouragement, with a focus on a holistic renewal.

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The culmination of master psychiatrist Dr. Irvin D. Yalom's more than thirty-five years in clinical practice, The Gift of Therapy is a remarkable and essential guidebook that illustrates through real case studies how patients and therapists alike can get the most out of therapy.

The Gift of Therapy - HarperCollins

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